

Harrogate Cricket Club's Performance Cricket Academy

Hosted by Jack Shutt and Ishan Abeysekara

Led by former Yorkshire CCC pro and Harrogate first teamer Jack Shutt alongside first team overseas pro Ishan Abeysekara at Harrogate Cricket Club's first class facilities.

Available to all, covering ages 9 through to 17 with specific sessions for boys and girls as well as mixed activities.



Week One: 22nd July - 26th July

Week Two: 19th August - 23rd August

What can you expect?





IN GAME SCENARIO DRILLS



SPECIALIST TECHNICAL ADVICE



MENTAL APPROACH TO THE GAME FROM A PRO

These sessions will cover all areas, with specialised batting, bowling and fielding master classes.

The performance academy will also host coached **match practice sessions** as well as **one to one net training**, focusing on technique. You will also be given the oppurtunity to train in our newly installed all, state of the art all weather nets.

There will be **specialised coaching groups for girls**, as well as sessions to **help transition to hard ball** cricket (10-11 year olds). The academy will be hosting softball only sessions too.

Please note, sessions will be split into groups, depending on your cricketing level. This is done so you can get the most out of these sessions.





Daily Itinerary

Monday	Open Age	Full hard player development programme
	U9-U10	Transition to hard ball cricket activities
Tuesday	Open Age	Full hard player development programme
	U9-U10	Transition to hard ball cricket activities
Wednesday	Open Age	Full hard player development programme including Master class sessions.
	Girls	Specialist sessions in Girls only groups
Thursday	Open Age	Full hard player development programme including Master class sessions.
	Girls	Specialist sessions in Girls only groups
Friday	Open Age	Full hard player development programme including Master class sessions.
	U9	Separate softball sessions for player development



How much will it cost?

- Harrogate CC members £150 for the whole week or £35 per day.
- Non-members £175 for the whole week or £40 per day.
- 20% sibling discount when 2 or more days are booked.

To book, please email: harrogateccjuniors@gmail.com

What did people say about last year?

"I had a great week. The camp was really fun and I developed my cricket skills and made new friends." 12 year old girl attending transition to hardball week in preparation for winter nets."

"Both my children had lots of fun with friends new and old. They built confidence with the hard ball and massively improved technique thanks to the fantastic coaching."

"My sons aged 12 and 14 attended last year's Summer camp for the full week and both felt they improved their skills – getting expert one to one tips and batting and fast bowling group coaching. The bowling machine and video analysis really helped."

